



Harvest Muffins

Side Dish

Source: South 47 Farm

for Thanksgiving

Ingredients:

- ½ cup fresh pumpkin pulp
- 1 egg
- ½ cup sugar
- ½ cup milk
- ¼ cup vegetable oil
- ½ cup raisins
- 1 ½ cups unbleached flour
- 2 teaspoons baking powder
- ½ teaspoon salt
- ½ teaspoon cinnamon
- ½ teaspoon nutmeg

Method:

1. Preheat oven to 400 degrees Fahrenheit.
2. Beat egg in large mixing bowl.
3. Add vegetable oil, pumpkin, and milk. Blend well.
4. Sift dry ingredients together and add to liquid mixture. Stir just enough to wet the flour.
5. Fold in raisins.
6. Bake in greased muffin tin 18-20 minutes.