



Fruit, Nut and Berry Harvest Schedule

Puget Sound Region-Western Washington

Apples					Aug	Sept	Oct	Nov
Blackberries					Aug	Sept		
Blueberries				Jul	Aug	Sept		
Boysenberries				Jul	Aug			
Cherries, Pie				Jul	Aug			
Cherries, Sweet			Jun	Jul				
Currants, Black			Jun	Jul	Aug			
Currants, Red			Jun	Jul	Aug			
Figs				Jul	Aug			
Gooseberries				Jul	Aug			
Grapes					Aug	Sept	Oct	
Kiwi						Sept	Oct	Nov
Loganberries				Jul	Aug			
Marionberries				Jul	Aug			
Melons					Aug	Sept	Oct	
Nuts						Sept	Oct	
Pears					Aug	Sept	Oct	Nov
Pears, Asian					Aug	Sept	Oct	Nov
Plums					Aug	Sept		
Prunes					Aug	Sept		
Quince							Oct	
Raspberries			Jun	Jul	Aug			
Raspberries, Fall					Aug	Sept	Oct	
Rhubarb	Apr	May	Jun					
Strawberries			Jun	Jul				
Strawberries, Everbearing			Jun	Jul	Aug	Sept		
Tayberries				Jul	Aug			

Herb Harvest Schedule

Puget Sound Region-Western Washington

Basil			Jul	Aug	Sept	Oct	
Chives	May	Jun	Jul	Aug	Sept		
Cilantro		Jun	Jul	Aug	Sept	Oct	
Dill		Jun	Jul	Aug	Sept		
Lavender			Jul	Aug	Sept		
Parsley		Jun	Jul	Aug	Sept	Oct	Nov
Rosemary		Jun	Jul	Aug	Sept	Oct	Nov
Sage		Jun	Jul	Aug	Sept	Oct	Nov
Tarragon		Jun	Jul	Aug	Sept		
Thyme		Jun	Jul	Aug	Sept	Oct	

Vegetable Harvest Schedule

Puget Sound Region-Western Washington

Artichokes								Sept	Oct			
Asparagus			Apr	May	Jun							
Bamboo Shoots				May	Jun							
Beans, Green						Jul	Aug	Sept				
Beans, Shell								Sept	Oct			
Beans, Wax						Jul	Aug	Sept				
Beets	Jan				Jun	Jul	Aug	Sept	Oct	Nov	Dec	
Broccoli					Jun	Jul	Aug	Sept				
Brussels Sprouts	Jan							Sept	Oct	Nov	Dec	
Cabbage	Jan	Feb			Jun	Jul	Aug	Sept	Oct	Nov	Dec	
Carrots	Jan				Jun	Jul	Aug	Sept	Oct	Nov	Dec	
Cauliflower						Jul	Aug	Sept				
Celery							Aug	Sept	Oct	Nov		
Chinese Vegetables				May	Jun	Jul	Aug	Sept	Oct			
Corn, Sweet							Aug	Sept	Oct			
Cucumbers, Pickling						Jul	Aug	Sept	Oct			
Cucumbers, Slicing						Jul	Aug	Sept	Oct			
Daikon					Jun	Jul	Aug	Sept	Oct	Nov		
Eggplant							Aug	Sept	Oct			
Garlic							Aug	Sept	Oct	Nov	Dec	
Garlic, Elephant							Aug	Sept	Oct	Nov	Dec	
Greens	Jan	Feb		May	Jun	Jul	Aug	Sept	Oct	Nov	Dec	
Jerusalem Artichokes						Jul	Aug	Sept	Oct			
Kohlrabi							Aug	Sept	Oct	Oct		
Leeks	Jan	Feb	Mar					Sept	Oct	Nov	Dec	
Lettuce				May	Jun	Jul	Aug	Sept	Oct	Nov		
Onions					Jun	Jul	Aug	Sept	Oct			
Parsnips	Jan	Feb						Sept	Oct	Nov	Dec	
Peas, Chinese					Jun	Jul						
Peas, Shell					Jun	Jul						
Peas, Sugar Snap					Jun	Jul						
Peppers, Hot							Aug	Sept	Oct			
Peppers, Sweet							Aug	Sept	Oct			
Potatoes	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec
Pumpkins									Oct	Nov		
Radishes				May	Jun	Jul	Aug	Sept	Oct	Nov		
Shallots								Sept	Oct	Nov	Dec	
Spinach				May	Jun	Jul	Aug	Sept	Oct	Nov	Dec	
Squash, Summer					Jun	Jul	Aug	Sept	Oct			
Squash, Winter	Jan	Feb						Sept	Oct	Nov	Dec	
Tea Leaves				May	Jun	Jul	Aug	Sept	Oct	Nov	Dec	
Tomatoes						Jul	Aug	Sept	Oct			
Turnips	Jan				Jun	Jul	Aug	Sept	Oct	Nov	Dec	
Zucchini					Jun	Jul	Aug	Sept	Oct			

For more information about specific farm products, farms, farmers markets and other places to buy locally grown food, visit www.pugetsoundfresh.org

Meat and Egg Availability Calendar

Puget Sound Region-Western Washington

Eggs	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec
Pork	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec
Beef	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec
Lamb	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec
Chicken						Jun	Jul	Aug	Sept	Oct		
Turkey											Nov	